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# 2022

ANNUAL REPORT

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# WELCOME TO THE LONG ISLAND COALITION AGAINST BULLYING

The Long Island regions only nonprofit organization dedicated to combatting the harmful impacts of bullying through advocacy, education and outreach.

## OUR MISSION

Emphasizing the importance of bully free communities on Long Island through education, increased awareness and therapeutic outlets.



## BOARD OF TRUSTEES

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NEED HELP? CALL (516)777-7709

# KEY FACTS

## ● WHAT IS BULLYING

In order to be classified as bullying, three key characteristics must be present in a situation:

1. **Repetitive Action(s) or Behaviors:** The targeting must be repetitious over the course of time.
2. **Intent to Cause Harm:** The behavior is aggressive in nature and is a deliberate and intentional action to harm or control another person(s) by targeting them.
3. **Imbalance of Power:** The aggressor will target someone whom they perceive to have less power or “weaker” than they are in order to achieve their goal of hurting them.
  - Imbalances of power can be both real or perceived i.e. physical strength, access to embarrassing information, social status, age or grade level.

## ● WHY DO KIDS BULLY?

While some children are born with diagnoses that may naturally create aggressive behavior, bullying is often a cry for help and a sign of more internalized feelings being acted upon in an incorrect manner. This can be as a result from being a target of bullying themselves, issues at home and other pressures.

## ● THE DANGERS OF BULLYING

It is important to remember that for some, bullying cannot easily be left in the past and forgotten about once the experience has ended. Both the aggressor and their targets can suffer long-term consequences lasting from adolescence and beyond.

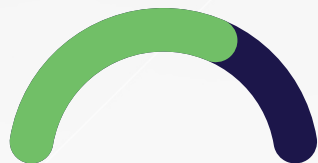


“WITHOUT A DOUBT, ALL DISTRICTS ON LONG ISLAND HAVE BEEN MAKING THE EFFORT TO STOP BULLYING IN THEIR SCHOOLS WHETHER WITH A CAMPAIGN OR PROJECT IN SCHOOL. THE FACT IS, WHEN A STUDENT IS BULLIED, THE LEARNING ENVIRONMENT IS DISRUPTED, AND SOME STUDENTS DO NOT WANT TO GO TO SCHOOL BECAUSE OF THE TORMENT.”

- SHARON HOLZMAN, TEACHER



# DID YOU KNOW?



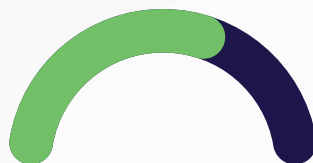
**68%**  
OF STUDENTS SAY THEY OBSERVE  
OR EXPERIENCE BULLYING IN  
MIDDLE SCHOOL.



**84%**  
OF STUDENTS SAY THEY WOULD FEEL  
MORE COMFORTABLE TALKING TO A  
FRIEND OVER A PARENT OR TEACHER.



**87%**  
OF STUDENTS SAY THEY HAVE  
OBSERVED VERBAL BULLYING IN  
THEIR SCHOOL.



**65%**  
OF STUDENTS SAY THEY OR SOMEONE  
THEY KNOW HAVE BEEN BULLIED ONLINE.

## ● WHAT CAN WE DO

No parent wants to see their child suffering, and more often parents are the last to find out about bullying experiences their child may be going through. It is important to know how to speak to a child about bullying so that they come across as non-judgmental and purely a safe and trusted person to confide in.

- Talk about bullying in conversation it tells your child that you are aware of it and you are interested in how it may affect them or their friends.
- Try to remain non-judgmental which may be difficult if your child confides in you that they are being bullied, but it is beneficial to react in a way that encourages the child to trust you even more. It can be helpful to start the conversation with something generic, possibly with a situation that you heard or found online and begin to ask curious, open-ended questions like:
  - a. "What does bullying mean to you?"
  - b. "Why do you think people bully?"
  - c. "What does your school do about bullying?"
  - d. "Whom would you talk to if you felt you were being bullied?"Remind them that they could always talk to you about bullying.



**NEED HELP? CALL (516) 777-7709**

**FROM 2021 THROUGH 2022,  
THE LONG ISLAND COALITION  
AGAINST BULLYING HAS SERVED:**

**121**

**classrooms**

**9**

**schools**

**districts**

**7**

**students  
reached**

**3,833**



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**MAKE A  
DIFFERENCE**



## **CONTACT US**

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